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## **WELCOME TO ALLEGRO DANCE 4 & 5 years old Tiny Tots class**

**Saturday 10.00am – 10.45am**

**\$10.00 per Session – payable weekly**

Here is some information about our Tiny Tots dance class. If you have any further queries please either call or email me as per the details above.

### **About the Class**

This class is an Introduction to Dance for 4 & 5 year olds. It is suitable for both students who have not previously learnt dancing as well as though with some training.

It is not a particular dance style, rather a combination of jazz & ballet with foundational steps such as points, gallops, skips and isolations. The music changes regularly to keep children energised and enthused, we play dance games and the focus is fun, while also teaching dance technique.

The most important thing is that the students enjoy themselves, dancing is supposed to be fun – especially for this young age group, we want children smiling in class and asking you at home when they get to come to dancing again!

Sometimes (especially earlier in the year), the class does not go for 45 minutes – the children can get tired so we don't want to push them. Class is always at least 30 minutes.

Please note that often the dancers can be shy to start with, so you may need to join in the class to encourage them! It's always a good idea to dress ready for anything, activewear is really suitable in case you end up doing some dancing too.

### **2022 Term Dates**

Dance terms co-incide with school terms, ie: we do not dance during school holidays.

Term 1	Monday 31 January – Saturday 9 April
Term 2	Monday 25 April – Friday 1 July
Term 3	Monday 18 July – Saturday 24 September
Term 4	Monday 10 October – date of dance concert (to be confirmed)

The annual concert will be in early to mid December 2022.

### **Uniforms**

There is no set uniform at Allegro Dance. Students can wear any dance gear they prefer. You can buy affordable dance outfits at K-Mart/Target/Best & Less. Tight fitting is

best so that I can see their bodies to ensure safety. Hair should be in a ponytail and no dangly jewellery.

Ballet skirts or short fairy outfits are fine, skirts should end at mid thigh (definitely not below the knee) otherwise I cannot see their leg movements and they can get caught up in them. In winter, as it is cold in the studio, please ensure children are well wrapped up in layers that they can take off as they warm up, and then put back on before they leave the studio.

### **Shoes**

Pink ballet pumps (black for boys). Bare feet are fine to start the year, however the floor can get cold during winter, so best to purchase shoes as the weather cools. We do have some second-hand shoes available at the studio. The cheap ballet shoes available at stores such as Target or K-Mart are not beneficial as they are very stiff and the children cannot achieve a nicely pointed foot in these shoes.

For new shoes, some local dance shops include:

Glitter Lane at 1/352 South Street, O'Connor.

Studio Scene at 352 Marmion Street, Melville.

**Only dance shoes or bare feet are permitted on the studio floor**

### **Watching Classes**

Parents are welcome to stay and watch classes as the younger students are often more confident with a parent present, but it is preferable not to have younger siblings in the studio during class. Please be aware that the studio echoes so even whispers are amplified –it can be very frustrating and distracting for myself and the dancers when people are having conversations and other children are playing.

If you would like to have a chat with other parents, or bring other children, can you please wait in the reception area during classes.

**Please limit adults at classes to one adult per student, I know that grandparents/aunts/friends etc would love to watch your little one, but please remember that it is a dance class, not a performance.**

At the end of the year we have the concert – which is the opportunity for the children to demonstrate their dancing for your families.

### **BRING YOUR FRIENDS ALONG!**

There are vacancies in the Tiny Tots class. If you have any friends who would like to join in, please feel free to pass on this information and to encourage them to come along to the classes with you.

Thank you for considering the Allegro team, I hope that you enjoy dancing with us.

Nerida